

Executive Order 0002— Practice Schedule of Team

Under and by virtue of the authority vested in me as Commissioner of the Metro Atlanta Youth Football League, Inc., and by the By-laws and Conference Rules of the Metro Atlanta Youth Football League, Inc., it is ordered as follows:

Part I—Practice Schedule of Team

Commencing with the first official day of practice, July 13, 2009, as designated by the Commissioner, and pursuant to the practice hours defined in the 2009 MAYFL Conference Rules, Article VII, Section 2, no practice shall exceed ten hours per week. The first ten (10) hours of practice shall be devoted entirely and exclusively to conditioning and fundamental drill work. No pads will be allowed, however, helmets may be included after the first six (6) hours of practice. The fourth and fifth practices will be with helmet and mouthpiece while the sixth through ninth practices will be with helmet, mouthpiece, and shoulder pads only. Starting with the tenth practice during the first two-weeks after the official opening day of practice may be with full pads. No player to player contact will be allowed until after twenty (20) hours of practice time have been completed.

No practice shall exceed more than **two (2) hours per day total practice time**. At least one 10-minute break per hour will be provided with this time. During extreme heat, 15-minute breaks, or on demand, will be encouraged.

Part II—Enforcement of the Executive Order

Subpart A--Duties of the Football Commissioner

Sec 201. The Football Commissioner shall be responsible for the administration and enforcement of Part II of this Order. The Football Commissioner shall adopt such rules and regulations and issue such orders as are deemed necessary and appropriate to achieve the purposes of Part I of this Order.

Subpart B—Football Team Agreement

Sec 202. In accordance with this Executive Order, the Football Head Coach and Football Team agree as follows:

The Football Head Coach and football team will comply with all provisions of Executive Order No. 0002 of July 1, 2009, and of the rules, regulations, and relevant orders of the Football Commissioner.

In the event of the Football Head Coach's and football team's noncompliance with this Order or with any of such rules, regulations, or orders, the Football Head Coach or football team maybe suspended from further participation in MAYFL's football program and declared ineligible for MAYFL's football playoffs, and such other sanctions may be imposed and remedies invoked as provided in Executive Order No. 0002 of July 1, 2009, or by rule, regulation, or order of the Football Commissioner.

Sec. 203. The Football Commissioner shall be responsible for securing compliance by all Football Head Coaches and football teams with this Order and any implementing rules or regulations. All Football Head Coaches and football teams shall comply with the terms of this Order and any implementing rules, regulations, or orders of the Football Commissioner. The Football Head Coach and football team shall cooperate with the Football Commissioner and shall furnish such information and assistance as the Football Commissioner may require.

Sec. 204. (a) The Football Commissioner may investigate the football practices of any Football Head Coach or football team to determine whether or not the provisions of this Order have been violated. Such investigation shall be conducted in accordance with the procedures established by the Football Commissioner.

(b) The Football Commissioner may receive and investigate complaints by other persons which allege acts contrary to the provisions specified in Part I of this Order.

Sec. 205. The Football Commissioner shall use its best efforts, directly and through interested parties and all other available resources to cause any Football Head Coach or football team to cooperate in the implementation of the purposes of this Order. The Football Commissioner shall, in appropriate cases, notify the MAYFL Commissioner whenever it has reason to believe that the practices of any Football Head Coach or football team are in violation of this Order

Sec. 206. (a) The Football Commissioner, designated by rule, regulation, or order of the Football Commissioner, may hold such hearings, public or private, as the Football Commissioner may deem advisable for compliance, enforcement, or educational purposes.

(b) The Football Commissioner may hold, or cause to be held, hearings in accordance with Subsection (a) of this Section prior to imposing, ordering, or recommending the imposition of penalties and sanctions under this Order. No order for ineligibility of any Football Head Coach or football team from competition shall be made without affording the Football Head Coach or football team an opportunity for a hearing.

Subpart C--Sanctions and Penalties

Sec. 207. (a) In accordance with such rules, regulations, or orders as the Football Commissioner may issue or adopt, the Football Commissioner may:

(1) Publish, or cause to be published, the names of the Football Head Coach or football team which it has concluded have failed to comply with the provisions of this Order or of the rules, regulations, and orders of the Football Commissioner.

(2) Recommend to the Commissioner that, in cases in which there is substantial or material violation or the threat of substantial or material violation of the provisions set forth in Part I of this Order, appropriate proceedings be brought to enforce those provisions of this Order.

(3) After consulting with the Football Head Coach or football team, direct the Football Head Coach or football team to cancel, terminate, suspend, or cause to be cancelled, terminated, or suspended, any activity that is deemed in violation of this Order.,

(b) Pursuant to the rules and regulations prescribed by the Football Commissioner, the Football Commissioner shall make reasonable efforts, within a reasonable time limitation, to secure compliance with the provisions of this Order by methods of conference, conciliation, mediation, and persuasion before proceedings shall be instituted to declare a Football Head Coach or football team ineligible for MAYFL's football competition event.

Part III--Miscellaneous

Sec. 301. Nothing in this Order shall be deemed to relieve any person of any obligation assumed or imposed under or pursuant to any Executive Order superseded by this Order. All rules, regulations, orders, instructions, designations, and other directives issued by the Commissioner and those issued by the Football Commissioner under or pursuant to any of the Executive orders superseded by this Order, shall, to the extent that they are not inconsistent with this Order, remain in full force and effect unless and until revoked or superseded by appropriate authority. References in such directives to provisions of the superseded orders shall be deemed to be references to the comparable provisions of this Order.

Sec. 302. This Order shall become effective on July 1, 2009.



Commissioner - MAYFL